

concerning CAREGIVERS

VOLUNTEERS ASSISTING THE ELDERLY

WINTER 1993

VOLUME 10, NUMBER 1

AREA SENIORS HONORED FOR SERVICE

CAREGIVERS' third annual "Salute to Distinguished Seniors" honored 10 Ventura County residents at a banquet on January 24 at the Doubletree Hotel.

The honored seniors were selected for their contributions to the county in a variety of community activities: volunteer services, arts and culture, spiritual leadership, business and professions, and public service.

The 10 distinguished seniors honored this year, with their field of activities: Catherine Morris Barringer of Santa Paula, volunteer services; Gertrude M. Becker of Oxnard, arts and culture; Monsignor Arnold Biedermann of Ventura, spiritual leadership; Ruth Carlson of Ventura, volunteer services; Harry Maynard, arts and culture; John A. McWherter of Ventura, public service; Ralph Moses of Port Hueneme, spiritual leadership; Alfrida Teague of Santa Paula, public service; Catherine Strahorn Chadwick Worden of Ventura, business and professions.

Catherine Barringer was the second woman ever to have served as foreman of the Ventura County Grand Jury, and has been a longtime benefactor of Santa Paula Hospice and a two-term president of Interface: Children, Family Services, a county organization providing support for troubled families. She has also chaired benefits for the Blanchard Community Library, the Assistance League, Santa Paula Memorial Hospital, Santa Paula Theatre, and the Santa Paula Boys and Girls Club. She met her husband, Carlisle Barringer, while both were attending Stanford. He is a former City Council member and twice mayor of Santa Paula. They have three sons and a daughter.



(left to right) J. McWherter, R. Carlson, H. Maynard, M. Maynez, C. Barringer, R. Moses, A. Teague, G. Becker, Msgr. A. Biedermann. Not pictured, C. Worden.

Gertrude M. Becker studied music at Immaculate Heart College in Hollywood. A gifted pianist, she also studied the pipe organ and began a long service as organist at Santa Clara Catholic Church in Oxnard. As a result, she was introduced to Herman Becker, her husband of more than 50 years, by a friend in the choir. While raising their four children, Gertrude taught music and continued performing. She has volunteered years of service to the Girl Scouts, the Community Concerts Association, the Ventura County Symphony Association, St. John's Hospital and the St. Vincent de Paul Society.

Monsignor Arnold Biedermann was born and educated in Austria, and after the German occupation of Austria, was under house arrest for seven years. He was ordained a priest in 1945, and his family, including his 14 brothers and sisters, set out for America. In 1966, he came from Los Angeles to Ventura County to establish a new parish in Saticoy, and in 1991 he celebrated the 25th anniversary of the Sacred Heart Parish. Though he has unshouldered the primary parish administrative burden, he remains active as a matrimonial judge, serving the Los Angeles archdiocese in helping those who find obstacles to marrying in the Catholic Church.

Ruth Carlson began working for the U.S. Army during World War II in New Jersey and didn't quit until her retirement 38 years later. When she arrived in Ventura in 1970, to be closer to her son and daughter, she began a new life of volunteer work with organizations aiding the elderly. She set up the city's first Senior Employment Office, is a frequent spokesperson for elders before government agencies, and is active in Friends of the San Buenaventura Library and the San Buenaventura

Women's Club. Now 91, she also keeps busy as Chairperson of the Ventura Chapter of the AARP, as well as of the Ventura Senior Coordinating Council.

Harry L. Maynard came to Ventura from Iowa, where he met his wife Caroline while coaching her high school basketball team. Soon after they were married, they came West and Harry taught school and coached briefly before accepting an offer to go into banking. He's been there ever since, and is the recently retired chief executive officer of American Commercial Bank. Among his many other community activities, he is past president of the

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SENIORS HONORED *continued..*

Ventura Chamber of Commerce, chair of the March of Dimes Walkathon, president of the Salvation Army Advisory Board, founding director of the Ventura Boys Club, Ventura County Fair Board member, Ventura County Civil Service commissioner, member of the Community Memorial Hospital Board and the Board of Governors of The Shriners' Crippled Children's Hospital in Los Angeles, and for 25 years has been a member of the Shriners crew that cooks charity barbecues in Ventura County.

Michael Maynez was born in El Paso, but came to Oxnard at an early age, and in World War II, shortly after graduation from Oxnard High School, was a ski trooper for the U.S. Army in Italy, earning combat ribbons and the Purple Heart. After the war, he returned to California to pursue his interest in the theater, and 45 years ago, he founded the Plaza Players in an Oxnard elementary school auditorium. Five different theater locations later, he is still selecting, casting and directing plays at the theater he designed in the Old Livery in Ventura. Several of his protégés have gone on to professional careers in show business. Michael also has been active with a group that reads to children at Camarillo State Hospital, and he volunteers to help inmates at the California Youth Authority put on stage shows.

John A. McWherter believes the boy Scout oath led him into public service, where he spent 18 years on the Ventura City Council, including a term as mayor. He has twice served as chairman of LAFCO, a regional government commission, and has spent years on such diverse agencies as the Criminal Justice Planning Board, the League of California Cities, the California Attorney General's Advisory Board, and the Ventura County Groundwater Management Agency. John and Freda, his wife of 54 years, lived in Berkeley while John earned his U.C. degree in engineering, and their son Jack was born there. John's political career started with a stint on the school board in Tulare County in 1945, when he was a county engineer.

Dr. Ralph Moses was born in Berlin in 1927 and 10 years later fled the Holocaust with his family. They settled in El Rio, and Ralph was educated in Ventura schools before attending UCLA, where his studies were interrupted by a stint in the U.S.

Army. Graduate work at U.C. Berkeley led to his degree in optometry, and he opened his practice in Port Hueneme. In 1954, he married Marilyn Rosenblum and they have three sons and two grandchildren. He has been cantor and teacher at Temple Beth Torah for 40 years, and has given lengthy service to public agencies, including election to the Port Hueneme City Council, and appointment to the Ventura County Water and Air Pollution Commission and the California Council on Criminal Justice. He also served as president of the Port Hueneme Boys Club and in 1969 was honored as Port Hueneme's Citizen of the Year.

Alfrida Teague came to Ventura County from her birthplace in Reno by way of Stanford University, where she met and married Milton Teague. They raised three daughters on the family's citrus ranch. Alfrida was the first woman chosen to head the Ventura County Grand Jury, was a delegate to the White House Conference on Children and Youth, which inspired her to start classes in parenting skills in Ventura County. She served as trustee and chair of the Camarillo State Hospital Board, and on the Board of Trustees at Stanford.

Catherine Worden, then Catherine Chadwick, came to Ventura in 1960 and directed the development of the Black Gold Library system that links Ventura, Santa Barbara and San Luis Obispo Counties. She was aided by her education in English and library studies at Puget Sound University, Washington State and U.C. Berkeley, and her experience in setting up library systems in Montana and Arizona. She and Paul Chadwick had three daughters, and after Paul died, Catherine re-met and later married Frank Worden, a high school sweetheart she hadn't seen for 60 years. She has been active in the Friends of the San Buenaventura Library, the Ventura County Symphony Association, the Ventura County Mental Health Advisory Board, the Soroptimists, the Assistance League and Casa Pacifica.

HELP US TO HELP EACH OTHER

Do you or someone you know have a birthday, anniversary, or other special occasion coming up? Stumped for an idea? Would you like to honor the memory of a special friend? What better way of honoring that special friend or relative than to make a real difference in the lives of others.

CAREGIVERS honorary gift and memorial contribution program allows you to support its neighborly volunteer assistance to the frail, homebound elderly in the name of the person you wish to honor.

Please send your contribution to **CAREGIVERS**, 261 N. Catalina St., Ventura, CA 93001 along with a note stating the name of the person who is to be honored, or call the Caregivers office at 652-0566 and ask that a donor envelope, which contains all necessary information, be sent to you. Notification of the honorary gift will be sent to the honoree and notification of the memorial gift will be sent to the family of the deceased.

IN MEMORIAM

Those who were cared for...

Frances Johnson
Laurel Morelli
Irene U. Owen
Edri Packard
Marian E. Smith
Rose Tucker
Harry Van Akin
Meyer Beimel
Mary Canet
Catherine Donnelly
Wingate Gibbs
Dorothea Gimblett
Walt Gleeson
Dolores Jacobson

Someone who cared...

Keith Johnson

**Charity begins
at home.
Ventura County
is home.**

**Thanks for
giving the
United Way.**



COMING UP...

Monday, February 15
President's Day Observed
Office Closed

Thursday, February 18
Board Meeting
CAREGIVERS 7-9:30 am

Wednesday, March 17
Coordinators' Breakfast
Marie Callender's, 8:30-10 am

Thursday, March 18
Board Meeting
CAREGIVERS, 7-9:30 am

Friday, April 9
Good Friday
Office Closed

Thursday, April 15
Board and Advisory Board Mtg.
CAREGIVERS, 7-9 am

Sunday, April 18
Monopoly Tournament
Oxnard Hilton, 8:30 am - 6 pm

DO NOT PASS GO!
DO NOT COLLECT \$200!

Remember the exasperation you felt when you picked that card? Well, now you can relive that old feeling, as well as the exhilaration of owning railroads and hotels and water works. **MARK YOUR CALENDAR FOR APRIL 18**—the magic day when Ventura County National Bank will present Ventura County's first Monopoly Tournament. Besides just plain having fun, you could win valuable prizes and who knows, you just might make it to the international championship playoffs! The tournament will be held at the Oxnard Hilton beginning 8:30 am and proceeds will benefit CAREGIVERS. Call 652-0566 for information.

CAREGIVERS HOLIDAY PARTY

Despite the first heavy rain of the season, more than eighty volunteers and the elders they serve came together to enjoy warm hospitality and festivities at the CAREGIVERS office on December 3rd.



Blanche Siegfried (left) and her CAREGIVERS friend, Winnie Smith.

DONORS TO ENDOWMENT FUND AVOID TAXES, INCREASE INCOME AND SECURE CAREGIVERS FUTURE

The CAREGIVERS Endowment Fund, established in 1991, will help ensure the future financial stability of the organization.

The Endowment is being built from various forms of deferred giving, principally from tax-exempt charitable remainder trusts. These trusts enable donors to eliminate capital gains taxes on appreciated assets and increase their current income.

"We're grateful for these deferred contributions to our Endowment Fund," says Craig Ploss, Chairman of the Board of Directors of CAREGIVERS. "We're also pleased that the donors solve a number of financial problems and protect and maximize their resources by executing tax-exempt trusts on behalf of CAREGIVERS."

The Endowment fund is an absolute necessity in maintaining CAREGIVERS' financial viability in an era of decreasing revenue for social welfare programs. Mr. Ploss explained that "the endowment is a growing fund, to be continually built over the long term. The Endowment's principal will be left alone to earn interest. The interest income will be used to benefit CAREGIVERS and the people who receive our care."

For more information on the personal financial advantages available through a tax-exempt charitable remainder trust, call the CAREGIVERS office at (805)652-0566.

If you would be interested in knowing how you can help CAREGIVERS through a bequest or a deferred tax advantaged gift, please complete the following form and return it in the envelope attached.

- I would like information on planned giving vehicles such as annuities or charitable remainder trusts.
- I would like information on making an outright gift of cash, real estate, appreciated securities or gifts in kind.
- I would like information on making a bequest.
- I have already included CAREGIVERS in my will, trust, or other financial plans.

Please call me at _____ Best time to call is _____

Name _____

Address _____

City _____ State _____ Zip _____

VOLUNTEER RECOGNITION DINNER

Wow! What a party!! Hats, honors, good food, music, dance, and wonderful people! It all came together on October 25th at the Poinsettia Pavilion as CAREGIVERS celebrated the 40,000 units of service given by our Volunteers in 1991-92.

In recognition of all that assistance to frail elders of the area, the Ventura Marina Rotary Club generously donated, prepared, cooked and served a Santa Maria-style barbecue, a delicious dinner of tri-tip, chicken, beans, green salad, French bread, salsa and chips. Steve Basso's white wine and Oscar Esmaili's (Royal Bakery) chocolate whipped-cream cake topped off the meal.

The Westernaires played enjoyable, danceable music, and Diana Lehan's Ladies tap-danced their way into our hearts. Our thanks to all of them!

Our warmest thanks also to the local businesses that contributed prizes and decorations. Please support them and let them know we appreciate their help:

Basso Distributing, Royal Bakery, Da Bergs Hat Company, The Village Hatter, Ventura Rental Center, Familia Diaz, Pierpont Inn, Garden Fresh Restaurant, Allison's Country Cafe, Atelier de Chocolat, Honey-Baked Hams, the Silk Pavilion, the Serenity Shop, Jim Hall Racing School, Valley Book and Bible.

Bless you all!



Dorothy Hutchinson and Edna Schmidt in two of the outstanding hats that were seen at the Volunteer Recognition Dinner.



The Marina Rotary "Chefs" at the Volunteer Recognition Dinner

WORDS OF WISDOM

When someone told 89-year-old poet Dorothy Duncan that she had lived a full life, she responded tartly, "Don't you past tense me!"

In our youth-oriented society the message often sent to older adults is that their usefulness ends at 65 - if not sooner. Many like Dorothy Duncan recognize this for the nonsense it is and go right on leading productive lives.

- Artist Pablo Picasso was still producing drawings at 90 - and his painting became more innovative with the years.
- Pianist Artur Rubinstein gave one of his greatest recitals at 89.
- Actress Jessica Tandy won an Academy Award at 80 for her performance in "Driving Miss Daisy."

- Congressman Claude Pepper of Florida was still actively championing the rights of the elderly and the poor at age 88.

- Environmentalist Marjory Stoneman Douglas, credited with saving the Everglades, is still fighting for the cause at age 100.

HAPPY, PRODUCTIVE OLDER PEOPLE DON'T NECESSARILY REFUSE TO RETIRE FROM THEIR JOBS. BUT THEY DO REFUSE TO RETIRE FROM LIFE.

From "Age: Living in the Present Tense", a Christophers News Note. Used by permission.

Buenaventura Interfaith Volunteer CAREGIVERS is a program of the Sisters of St. Joseph of Carondelet and is a United Way member agency.

ALLOCATIONS VOLUNTEERS NEEDED FOR UNITED WAY

Would you like to help decide how the United Way donations are put to work in our communities? Volunteer opportunities are now available for the 1993-94 Allocations process. Twenty teams of volunteers will be recruited to evaluate over sixty agencies on program effectiveness, financial management and need for United Way funds. This is an opportunity to learn about emerging needs and gain valuable insight into the efforts of human care agencies that are meeting these needs.

Beginning March 1993, volunteers will spend approximately twenty-five hours over two and a half months in this process. Please call the United Way Allocations division by February 26 at (805)485-6288 for more information.

WE ARE GRATEFUL TO OUR GENEROUS DONORS

October 1 - December 31, 1992

Anonymous
R. A. Addison
Mrs. Robert P. Anderson
Arnold
Gladys C. Austin
Geneva B. Babcock
Patrick/Margaret Barker
Carol Basralian
Jeanette C. Battey
Meyer/Belle Beime
Imogene Bercaw
John/Angie Birky
Margaret Blackford
Frances M. Blair
Elizabeth M. Blanchard
Mrs. John Borchart
Vivian K. Bostwick
Mr./Mrs. Paul Brackrog
Mary L. Braitman
Mr./Mrs. W.H. Brokaw
Gerald A. Broshears
Donn R. Browne, M. D.
Claire B. Bucher
Eileen M. Burkart
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Kathleen E. Widney
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Virginia S. Zierer

ORGANIZATIONS:

American Express Company
City of San Buenaventura
Charles Carroll Mortuaries, Inc.
First United Methodist Church of Fillmore

First United Methodist Church of Ventura
St. Francis of Assisi Parish of Fillmore
Santa Paula Lions Club
Swift Memorial Health Care Foundation
Trinity Lutheran Church
United Methodist Women
United Way of Ventura County
Ventura Marina Rotary Club
Vance, Thrift and Biller

IN MEMORY OF:

Winifred Anlauf
by Margaret Gilliam

Christian Appel
by Ellen/George Appel

L. J. Basso
by Mr./Mrs. James Basso

Madge Basso
by Mr./Mrs. James Basso

Michael Becker
by Mr./Mrs. Herman Becker

Agnes Brady
by Frances A. Brady
Elsie Broshears
by Gerald A. Broshears

Celia Calzada
by Diana, Gabriel, Richard Calzada

Edward M. Castle
by Anonymous
Dora Duran
by Mary L. Hoffman

The Fitzsimmons Family
by Clair B. Bucher

Anna M. Flint
by Kathleen M. Spears
by Edna Wirt Woods

Ilona Fulop
by Anna H. Sorotzkin

Ruth Guthrie
by George G. & Ellen Appel
by Grace E. Brandt
by Merry/Ed Hootman
by Adele & Edward Miller

Frances Hernandez
by Dal Kingery

Isabel Herrera
by Mary L. Hoffman

David Hitch and My Mother
by Jymmye R. Hitch

Al Jalaty
by Mr./Mrs. Leonard Ortiz

Fran Johnson
by Mr./Mrs. Julius Gius

Phil La Macchia
by Mr./Mrs. Robert La Macchia

Hazel Logsdon
by Joel/Christie L. Crawley

Barbara McQuaide
by John/Trudy Real

Ida Miller
by Mr./Mrs. Thomas Miller

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by Susan P. Mills
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by Bette R. White

Clara Nicolini
by Martin/Rosemary Rooney

Joe A. Obiols Jr.,
by Mary L. Hoffman

Patsy Reardon
by Kathleen M. Spears

Roberta Richards Soprano
by Clark C. Richards

Valerie Soprano
by Clark C. Richards

Edward "Ted" Powers
by Mr./Mrs. Julius Gius
by Dal Kingery
by John/Trudy Real

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by Kris Kononen

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A. David Tygell
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by Olive M. Higby
by Mildred Snowden
by Elaine Van Akin
by Elizabeth Wolfe

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by Daniel Vreeland
Andrew Wold
by Mrs. A. S. Wold

Audrey Woodburn
by Mr./Mrs. Julius Gius

Jeannette Wyand
by Mr./Mrs. Julius Gius

IN HONOR OF:

George/Ellen Appel
Who always give so much
of themselves
by Mr./Mrs. Laird F. Hendricks

Mr./Mrs. A. E. Bauer
by Ellen/George Appel

Mike/Melissa Chaudier
Brian/Michelle Fox
by John/Jackie Chaudier

Jymmye Hitch
by Robert/Daphne McKinney

Mrs. Lael Mitchell
by Mr./Mrs. Jack Mitchell

Donna Nelson
by Robert A. Skankey M. D.

Mr./Mrs. Bill Robson
on the occasion of their 50th
Wedding Anniversary
by George/Ellen Appel

CAREGIVERS' purpose is to provide a reliable personal relationship between one volunteer and one elder in need of assistance. Without the kind of services we offer, frail elders may find themselves living in unfamiliar, impersonal institutions, with a debilitating sense of having lost both independence and dignity. By matching such elders with volunteers who provide basic assistance, CAREGIVERS permits many of them to remain in the familiar and cherished surroundings of their own homes.

We are able to provide this vital help to the frail elderly in Ventura County only because of the generosity of people like you. Contributions, gifts to our Endowment Fund, memorial gifts, and gifts in honor of a special person or occasion may be sent to our Ventura office, and every gift will be promptly acknowledged. All donations are tax-deductible. Please make checks payable to CAREGIVERS.

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CAREGIVERS

261 North Catalina St.
Ventura CA 93001
(805)652-0566
In Santa Paula: (805)525-5006
In Fillmore: (805)524-5665

OUR CONTRIBUTIONS PAY THE BILLS AND MAKE IT POSSIBLE FOR US TO GIVE A HELPING HAND TO THOSE WHO NEED IT. THANKS!

...one of the women we serve was able to get the help she needed after she was mugged; ...10 Christmas baskets were delivered to clients in need by employees of Western Extreminator Company; ...a blind woman gets to church each week; ...a client was accompanied by one of our volunteers on very short notice when she went for outpatient surgery.

BECAUSE OF YOUR FINANCIAL SUPPORT...

Do you like to write? Would you like to be a correspondence-friend to a home-bound elder? Are there other ways you could volunteer? Let's talk about it! Call 652-0566 and ask for Sister Jane Kelly.

NON-PROFIT ORGANIZATION
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VENTURA CA

NEW FACES

We welcome to our Board of Directors...

Jesse Dunlap, a Camarillo resident, retired from the United States Air Force. He is a past chairperson of the Advisory Council of the Ventura County Area Agency on Aging.

SPECIAL THANKS

...to the **Pepsi-Cola Company** for lending us a booth for use at the Ventura Street Fair in December.

...to **Chuck Thomas**, Star Free Press columnist, for donating to us signed copies of his book, "*Getting Off the Map*."

...to **Sister Lorna Swisher** for her faithful help in the office on Thursdays.

...to **Mary Jane Hogan** for organizing a team of volunteers to prepare the invitations for the "Salute to Distinguished Seniors" Dinner. And thanks to the volunteers who helped:

Elizabeth Seals, Valerie Clark, Ann Seno, Sister Ann Veronica, Millie Fletcher, Marcella Hoffman, and Jean Levasseur.

FOR YOUR INFORMATION

Persons with a hearing loss who have trouble making sense of television may be interested to know about **closed captions**. These are printed captions that appear on your screen for dialogue and narration of TV programs or home videos. With a decoder one can access closed captions on most of today's prime-time shows and on thousands of videos. Call the Greater Los Angeles Council on Deafness (G.L.A.D.) at (805)648-4523 for information.

The **Physicians' Desk Reference**, the doctor's bible for prescription drug information now has a 900 line for the public. Dial 1-900-680-7771 and punch in the first five letters of a generic or brand name drug; you'll hear a tape of two to five minutes approved by the PDR's panel of doctors and pharmacists. If more than one drug has the same first five letters, the caller will hear a choice of actual drug names. The cost is \$1.50 per minute.

Buenaventura Interfaith Volunteer
CAREGIVERS
261 North Catalina Street
Ventura California 93001